



# YARRABIN

## CULTURAL CONNECTIONS

### **Cultural Walks and Talks / Half and Full Day Experiences**

Our new 'Culturally Connecting to Country' experience offers both half and full day tours of the Australian bush surrounding Sydney and includes the Blue Mountains and Hunter Regions.

Our walks and talks include a very personalised introduction to contemporary Aboriginal culture of the region. You will have the opportunity to not only visit and explore the natural environment, but to also learn and appreciate what it means to be 'connected to Country' as our Aboriginal ancestors were for thousands of years. You'll do this by being welcomed and immersed into Aboriginal tradition through a range of insightful 'hands on' cultural learning experiences. The cultural interpretation that follows will add a deeper layer of appreciation and understanding of our natural environment when viewed through an Aboriginal Cultural perspective.

This experience is all about the sight, sound, smell, taste and feel of the Australian bush.

You will be cleansed by a ceremonial 'smoking fire' and the smell of gum leaves.

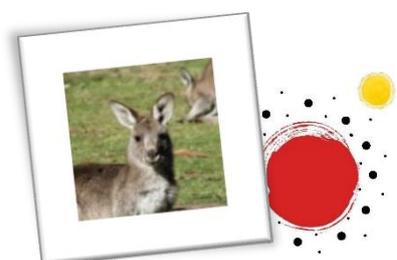
Take in the sounds of local birdlife, the breeze through the trees and the trickle of fresh running water in streams below towering escarpment.

You will feel ochre upon your skin while you remove your shoes to connect with the cool sandstone under your feet as you breathe in the fresh mountain air.

You'll be offered 'billy' tea or coffee with fruit, bush cakes or damper on our morning or afternoon break and enjoy a bush picnic lunch that includes traditional cultural ingredients.

And if you're lucky enough, spot local wildlife while you enjoy your meal.

Finally, you will take in panoramic views and lay your eyes upon Aboriginal artefacts, art and engravings that have been archaeologically dated up to twenty-two thousand (22 000) years and beyond. Your Aboriginal cultural interpretation and experience will be delivered through sharing of knowledge, stories, song and dance.



*We are all visitors to this time, this place. We are just passing through.*

*Our purpose here is to observe, to learn, to grow, to love... and then we return home*